



T1D Mature Minor Participant Information Sheet/Consent Form

Title	Supporting players with T1DM and their coaches in sport: developing resources to educate and empower
Protocol Number	V1.1 18.11.2020
Project Sponsor	Children's Diabetes Centre
Coordinating Principal Investigator/Principal Investigator	Elizabeth Davis Vinutha Shetty (PCH)
Associate Investigator(s)	Joanne O'Dea, Alison Roberts, Leanne Fried, Heather Roby
Location	Perth Children's Hospital

You are being invited to take part in this research project.

Why are we doing this study?

Through talking to the diabetes community, we have learned that diabetes is not always well understood by sports coaches. This sometimes leads to confusion and frustration when young people with Type 1 Diabetes (T1D) are trying to manage their diabetes and play sports. This project is aiming to develop resources (e.g. pamphlets, a short video) to teach coaches and help young people with T1D play sports and we would like your help to create them. By listening to personal experiences of young people with diabetes and talking to parents and coaches, we hope to develop resources that are practical and useful and can help you feel supported in the wider community.

Who is doing the study?

Researchers from the Children's Diabetes Centre at Perth Children's Hospital and Telethon Kids Institute are running this study.

What would I need to do?

If you decide to take part in this study, you will be asked to sign the same consent form as your parents. A researcher will talk to you to go through the study and answer any questions you may have before you sign the consent.

Once you have agreed to participate in this study, we would ask you to do one online interview, on Zoom, which would go for around 45-60 mins. The interview can be done from your home or wherever you are most comfortable. There will be a maximum of three other young people with T1D in the online interviews. This may include someone you know or someone you may not know.

We will ask you questions about how you tell your coach about your diabetes, what you would like your coach to know and whether you would tell your coach about a resource.

The interviews will be recorded and researchers will transcribe, or copy out what you say word for word so that the researchers can correctly understand what you tell us. The recordings and transcripts will only be looked at by the research team. You will receive a small thank you for your time.

Do I have to take part?

No. It is your decision if you want to participate. If you do not wish to take part, you do not have to. You can talk about it with your parents before you decide. If you decide to take part and later change your mind that is ok.

Is there likely to be a benefit to me?

We cannot guarantee or promise that you will receive any benefits from this research. The outcome of this research is a resource, for you and your coach to use so they can better understand diabetes.

Is there likely to be a benefit to people in the future?

We hope that this resource will benefit coaches and T1D players in the future. By teaching coaches of players with T1D, we hope will in turn help the T1D player to feel more comfortable and secure in their chosen sport.

What are the possible risks or side effects?

There are no risks expected by participating in this research, you will be reminded to only discuss topics and experiences you feel comfortable discussing. We ask participants not to discuss what is spoken about during the focus groups with other people.

Where is my information kept?

Any information about you that is collected as part of this research will be kept private. The information will be stored in a locked cupboard or on a computer that only the research team can access. Any information that can identify you will be removed before the results of the research are shared with other people. At the end of the study, files without names will be kept and stored for a minimum of 7 years. Data will then be destroyed following hospital guidelines.

The results of this research may be presented at conferences or published in professional journals. Personal information will not be included in any results that are published or presented.

Who has approved the study?

All research in Australia involving humans is reviewed by an independent group of people called a Human Research Ethics Committee (HREC). This study has been approved by the Child and Adolescent Health Service committee. This project will be carried out according to the *National Statement on Ethical Conduct in Human Research (2007)*. This statement has been developed to protect the interests of people who agree to participate in human research studies.

Further information and who to contact

If you want to know more, your parent can contact:

Name	Joanne O'Dea
Position	Research Assistant
Telephone	6456 4606
Email	Joanne O'Dea@health.wa.gov.au

If you have any complaints about any aspect of the project, the way it is being conducted or any questions about being a research participant in general, then you may contact:

Position	Executive Director of Medical Services at Perth Children's Hospital
Telephone	(08) 6456 2222
Reference	Please quote the project number RGS00000039000